

Grade 8 Lesson Outline

Rights, Respect, Responsibility

A K-12 Sexuality Education Curriculum from Advocates for Youth

The following lessons have been selected specifically for 8th graders in the Boston Public Schools. Topics include: healthy and unhealthy relationships, respectful and effective communication, STD basics, protection methods, understanding sexual abuse/assault. Each lesson is 50 minutes in length.

| Grade 8 | | |
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| No. | Lesson Name | Learning Objectives |
| 1 | Introduction to 3Rs Curriculum | <ol style="list-style-type: none">1. Identify Ground Rules and expectations of the Rights, Respect, Responsibility curriculum.2. Understand the overarching content and lesson sequence of the curriculum.3. Demonstrate a respect for differences and personal values. |
| 2 | 8.2 The World Around Me | <ol style="list-style-type: none">1. Name at least two people or entities from which young people receive messages about relationships and sexuality.2. Describe at least one message young people might receive about sex and sexuality from each of these sources.3. Explain how these messages can have an impact on a young person's sexual decision-making.4. Reflect on how examining these influences can have an impact on their self-concept and body image, which can affect their own sexual decision making in the future. |
| 3 | 8.1 Creating A Safe School: Celebrating All | <ol style="list-style-type: none">1. Describe at least two things their school does well around LGBTQ inclusion, as well as two things it could do better.2. Explain what that they, as students, can do to improve the school environment around LGBTQ inclusion.3. Name at least one reliable website about sexual orientation and gender identity for their age group. |
| 4 | 8.6 Talking without Speaking: The Role of Texting in Relationships | <ol style="list-style-type: none">1. Name at least one thing they do and don't like about communicating via text.2. Identify at least two ways in which people can miscommunicate via text and the impact these miscommunications can have on their relationship with another person.3. Explain at least one way of texting clearly and respectfully with another person in an effort to avoid misunderstandings. |

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| 5 | 8.7 Warning Signs: Understanding Sexual Abuse and Assault | <ol style="list-style-type: none"> 1. Name at least two different types of sexual assault. 2. List at least one example of each of the following: mutual consent, unfair manipulation, threats and aggression. 3. Describe at least two possible impacts of a sexual assault or abusive relationship on the person who was assaulted. 4. Demonstrate an understanding of how to report a sexual assault or abusive relationship. |
| 6 | 8.8 Birth Control Basics | <ol style="list-style-type: none"> 1. Describe the impact of correct and consistent use of a birth control method on how effective it is at preventing pregnancy. 2. Correctly recall that there is generally a gap between when a person may start to have vaginal sex and when they may wish to get pregnant, which makes using effective birth control important. 3. State correctly what emergency contraception is. |
| 7 | 8.9 Using Condoms Effectively | <ol style="list-style-type: none"> 1. Describe correctly, and in order, the steps to using an external condom. 2. Describe the purpose of using a condom |
| 8 | 7.5 Protecting Your Health: Understanding and Preventing STDs | <ol style="list-style-type: none"> 1. Define STDs and HIV. 2. Name at least three STDs and how they are transmitted. 3. Compare sexual behaviors that are high, low, or no risk. |
| 9 | Cyberbullying: Crossing the Line (Common Sense Media) | <ol style="list-style-type: none"> 1. Analyze online bullying behaviors that “cross the line.” 2. Learn about the various ways that students can be cyberbullied, including flaming, deceiving, and harassing. 3. Adopt the point of view of teens who have been cyberbullied, and offer solutions. |